

S E R V E



KYP KINGSTON, JAMAICA MAGAZINE 2025-2026

DISTINGUISHED CLUB

Carrying on
our legacy

EXCEPTIONAL ELEVEN

Eleven (11) Years of
Exceptional Service

CARRYING ON THE TORCH

Expanding
our Impact.



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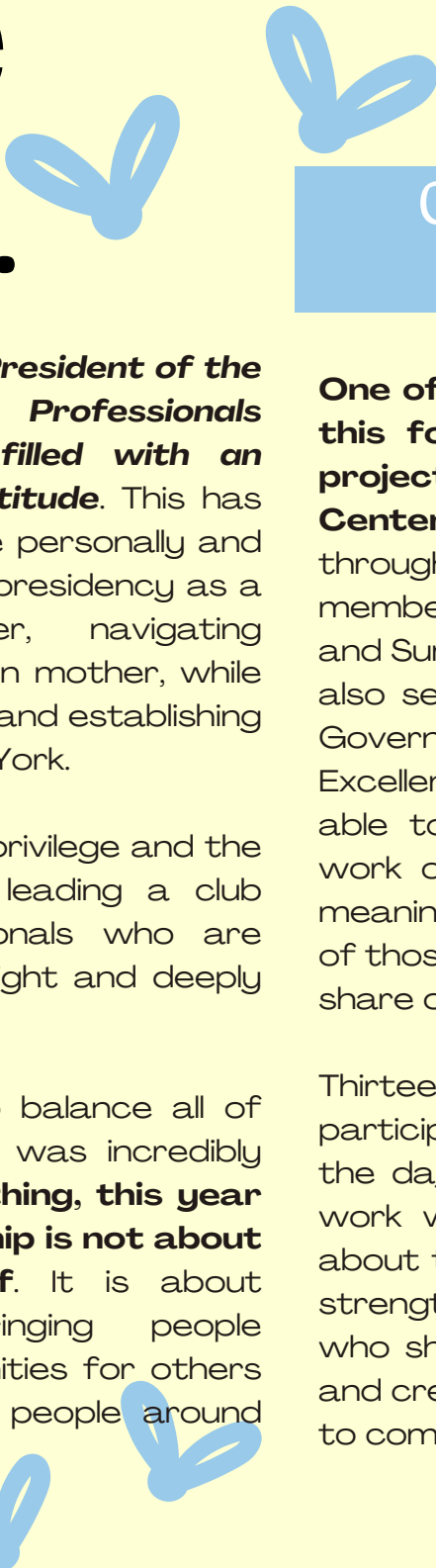
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CARRYING ON THE TORCH

How the Time Flies.



Gabrielle McDowell
President - 2025-2026

As I reflect on my year as President of the Kiwanis Club of Young Professionals Kingston, Jamaica I am filled with an overwhelming sense of gratitude. This has been a very full year for me personally and professionally. I entered my presidency as a young, first-time mother, navigating motherhood without my own mother, while also building my consultancy and establishing myself professionally in New York.

At the same time, I had the privilege and the awesome responsibility of leading a club filled with young professionals who are accomplished in their own right and deeply passionate about service.

It was not always easy to balance all of these responsibilities, but it was incredibly rewarding. **More than anything, this year reminded me that leadership is not about doing everything yourself.** It is about building relationships, bringing people together, creating opportunities for others to serve, and trusting the people around you.

One of the most meaningful examples of this for me was our joint Labour Day project at the Open Arms Development Center. This partnership was made possible through relationships I had developed with members of the Investigation, Intelligence and Surveillance Division at PICA, with whom I also serve as an ambassador through the Governor-General's Programme for Excellence under the I Believe Initiative. Being able to bring those relationships into the work of our Kiwanis family was especially meaningful, particularly knowing that some of those individuals are fellow Kiwanians who share our passion for service.

Thirteen members and five prospects participated in the project, but the value of the day extended far beyond the physical work we accomplished. We learned more about the Open Arms Development Center, strengthened relationships with partners who share our commitment to community, and created another opportunity for people to come together in service.

How the Time Flies.



Our Mother's Appreciation Raffle was another initiative that holds a special place in my heart. As a new mother myself, celebrating mothers while raising funds for our club felt particularly meaningful.

I was also proud that the initiative allowed us to intentionally support women-owned businesses in our community. The relationships I had built with Face to Face Spa and Salon, a family-run business I have known since childhood, Day and Night Beauty Salon and Spa, and my connections at GraceKennedy all helped make the initiative possible.

Their involvement allowed us to create a fundraiser that celebrated mothers, supported women entrepreneurs, and strengthened our partnerships within the wider community. Throughout the year, there were so many other moments that reminded me of what makes KYPK special.

Our relationship with the Jamaica Autism Support Association continues to be one that I deeply value.

Our Women's Day initiative with the Women's Center of Jamaica Foundation was another particularly fulfilling experience. We sought to educate and empower young mothers while providing them with access to professionals and practical resources. I was incredibly proud of the team that brought that initiative together.

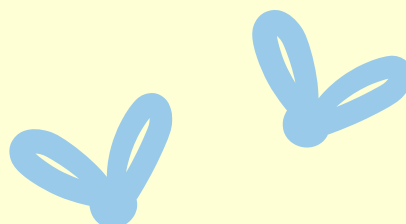
Our annual church service gave us an opportunity to worship and fellowship together, while initiatives such as Bring Up Grades at Norman Gardens reminded me of the quiet, consistent work that happens behind the scenes.

Every Saturday, members, prospects and volunteers pour their time and energy into supporting students, and seeing the love and commitment of the chairpersons, directors, and other board members involved has been inspiring.

Perhaps one of the most defining moments of the year came when Hurricane Melissa devastated communities across Jamaica.

Many within our own KYPK family had loved ones in affected areas, while others were directly involved in medical and other essential services supporting our countrymen. In that moment, I saw how quickly our members came together to gather information, offer support, and respond to the needs around us.

It was a beautiful reminder that service is not simply something we schedule on a calendar. It is a value that lives within us and becomes especially visible when our communities need us most.



How the Time Flies.

When I think about my year as President, those are the moments I will remember most. It is not simply the number of projects completed or initiatives undertaken, but the relationships strengthened, the people we were able to serve, the partnerships we cultivated, and the members who continually showed up.

I am incredibly proud to have served this club.

As I close this chapter of my presidency, I do so with immense gratitude to every member, prospect, partner, chairperson, director, and other board member who contributed to making this year what it was.

Thank you for trusting me, supporting me, challenging me, and allowing me to serve alongside you.

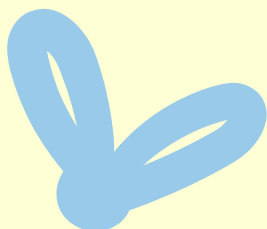
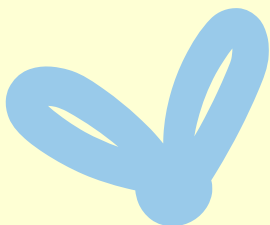
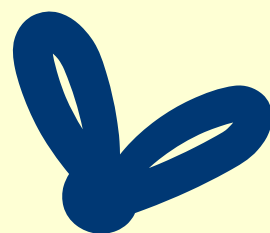
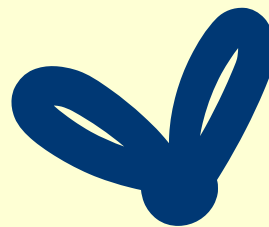
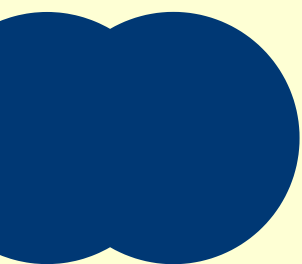
I look forward to continuing to support the Board and the leaders who come after me. **My presidency may be coming to an end, but my commitment to KYPK and to the work we do together certainly is not.**

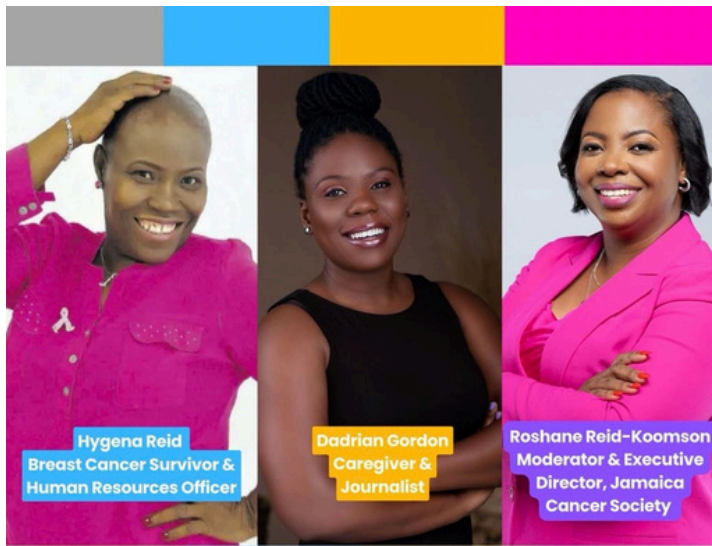
It has been an honour to serve.

With gratitude,

Gabrielle McDowell

*President, Kiwanis Club of Young Professionals
Kingston 2025-2026*





Hygena Reid
Breast Cancer Survivor & Human Resources Officer

Dadrian Gordon
Caregiver & Journalist

Roshane Reid-Koomson
Moderator & Executive Director, Jamaica Cancer Society

Kiwanis
CLUB OF YOUNG PROFESSIONALS
KINGSTON, JAMAICA

Invites You To

Beyond the Diagnosis
PERSPECTIVES OF THE SURVIVOR & CAREGIVER

Wed, October 15, 2025
6:00 p.m.

College of Insurance & Professional Studies (3A Richmond Avenue, Kingston 10)

- PLEASE WEAR **PINK** IN SUPPORT OF BREAST CANCER AWARENESS
- WE INVITE YOU TO PURCHASE ITEMS TO SUPPORT THE CAUSE



Kiwanis
CLUB OF YOUNG PROFESSIONALS
KINGSTON, JAMAICA

INSTALLATION CEREMONY & CLUB MEETING

Guest Speaker: **Dr. Winston De La Haye** Date: **NOV 19, 2025 6 PM**

"Man Enough to Feel - Breaking the Stigma. Building Stronger Men."
In recognition of International Men's Day

Join us as we install the Club Officers and Directors for the 2025-2026 administrative year.

CONTRIBUTION:
\$1,500 or \$1000 with hurricane relief donations

COLLEGE OF INSURANCE & PROFESSIONAL STUDIES
3A RICHMOND AVE., KINGSTON 10

Q 1



Kiwanis
CLUB OF YOUNG PROFESSIONALS
KINGSTON, JAMAICA

INVITES YOU TO

CHRISTMAS GAMES NIGHT!
LEGENDS V RISING STARS

JOIN US FOR AN INDUCTION MEETING AND THE INAGURAL GAMES NIGHT COMPETITION

17 DEC 2025 | CONTRIBUTION \$500 | 06:00 PM

FESTIVE FOOD • SPIRITS • FUN GAMES • MUSIC

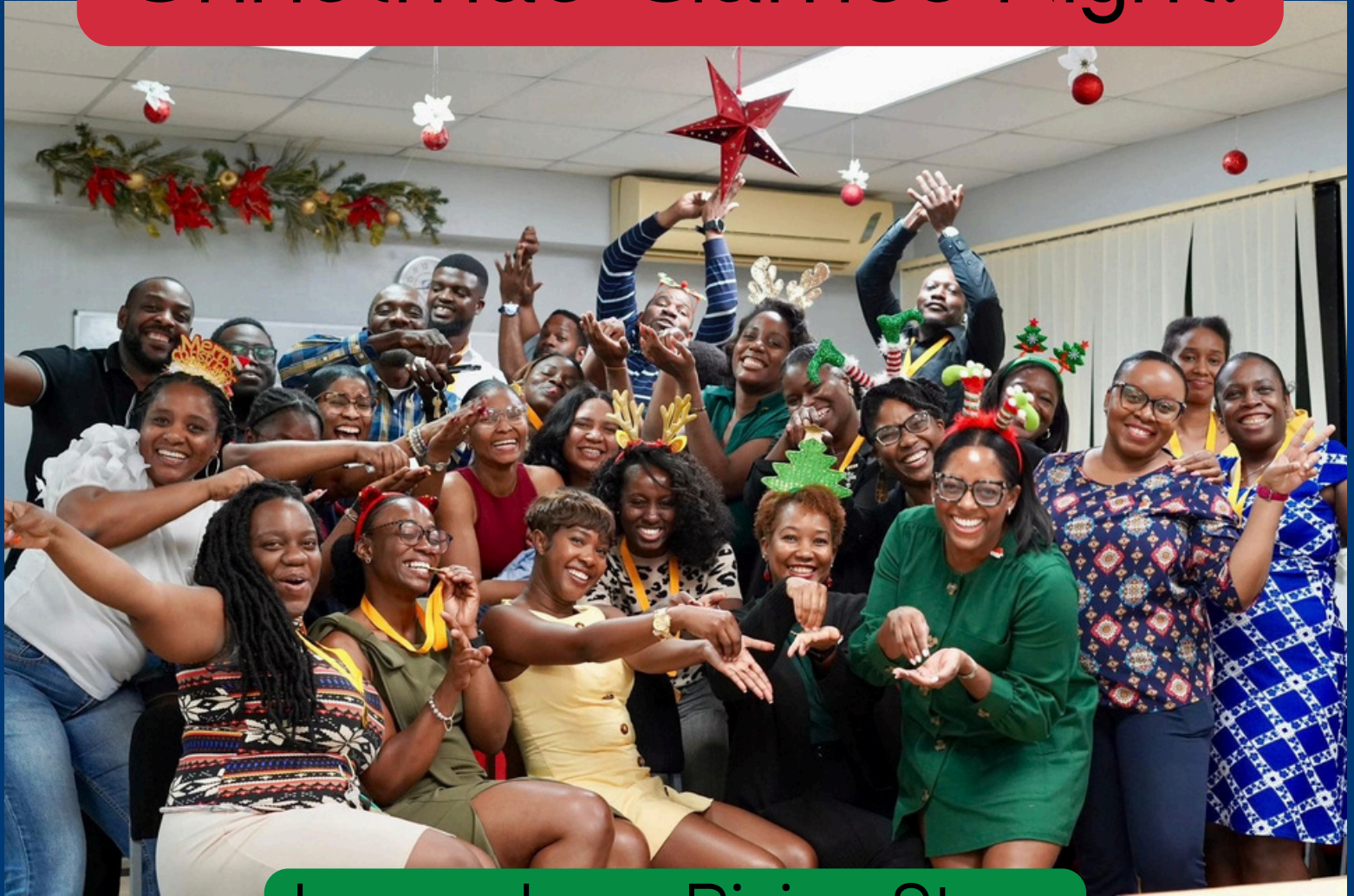
...thinking PINK...



...spreading holiday cheer at BUG Reading Club...



Christmas Games Night!



Legends vs Rising Stars

Travel Without Going Broke: Smart Money Tips for Young Professionals

For many young professionals, travelling is high on the bucket list. We want to explore new countries, experience different cultures, taste new foods, take beautiful pictures and create memories that last a lifetime. But between rent, bills, savings, student loans, family responsibilities and everyday expenses, travel can sometimes feel like a luxury that is out of reach.

The good news? You do not have to be wealthy to travel. You simply have to be intentional. Travelling without breaking the bank is less about how much you earn and more about how effectively you plan, prioritize and manage your finances. Here are five simple tips to help you enjoy your dream trip while staying financially responsible

1. Create a Travel Fund

One of the easiest ways to make travel more affordable is to stop treating it as an unexpected expense.

Create a separate travel fund and contribute to it consistently. Even a small amount every payday can add up over time.

For example, saving \$5,000 every month gives you \$60,000 after one year. Increasing that amount when you receive overtime, a bonus, a tax refund or additional income can help you reach your goal even faster. The key is consistency. Instead of asking, "Can I afford this trip?", start asking, "How much do I need to save each month to afford this trip?" That simple shift can make travel feel much more achievable.

by DS Shauna McLeod

2. Plan Early

Last-minute travel can be expensive.

Flights, hotels and tours often cost more when you book close to your travel date, particularly during peak periods. Planning ahead gives you more opportunities to compare prices and identify better deals.

Start by deciding:

- Here you want to go
- When you want to travel
- How many days you want to stay
- What experiences you want to have
- How much you are realistically able to spend

Then work backwards and create a savings target.

Planning early also gives you time to take advantage of promotions, travel packages and payment options where appropriate.

3. Set a Realistic Travel Budget

A common mistake is budgeting only for the flight and hotel. Your actual travel expenses may include transportation, meals, airport transfers, travel insurance, activities, shopping, tips, visas and unexpected expenses. Create a complete travel budget before you book.

A simple formula could be:

Travel Budget = Transportation + Accommodation + Food + Activities + Shopping + Emergency Fund.

And don't forget the expenses you will still have at home while you're away.

Your rent, utilities, loan payments and other financial commitments do not go on vacation just because you do.

Travel Without Going Broke: Smart Money Tips for Young Professionals

by DS Shauna McLeod

4. Choose Experiences Over Luxury

Travel does not have to mean staying at the most expensive resort or booking the most luxurious room.

Ask yourself what you actually value.

Would you rather spend most of your budget on a five-star hotel, or use that money to experience more of the destination?

Consider alternatives such as:

- Mid-range hotels
- Guesthouses
- Apartments
- All-inclusive packages when they offer genuine value
- Public transportation
- Free or low-cost attractions
- Local restaurant
- Walking tour

The goal isn't necessarily to travel cheaply.

The goal is to spend intentionally.

5. Be Flexible With Your Dates

Flexibility can save you money.

Travelling during peak seasons, holidays and major events can significantly increase costs. If your schedule allows, consider travelling during shoulder or off-peak periods.

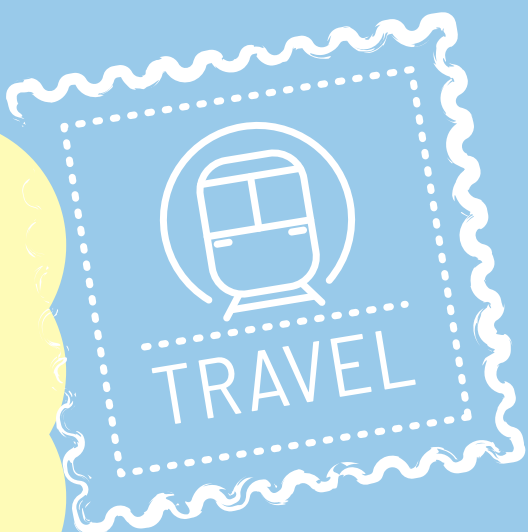
Young professionals should also consider taking advantage of long weekends strategically. A carefully planned three- or four-day trip can provide a much-needed break without requiring a lengthy vacation from work.

Travel Is an Investment in Experiences

As young professionals, it is easy to become consumed by work. We chase promotions, meet deadlines, attend meetings and work toward financial stability.

But building a successful life isn't only about accumulating money. It is also about creating experiences.

Travel can expose you to new cultures, different perspectives, new foods, unfamiliar environments and people from different backgrounds. It can challenge you, refresh you and sometimes even inspire your next career or business idea.





Q 2





...starting the year off with a vision boarding exercise at BUG Reading Club...



I CAME TO SERVE, I FOUND A COMMUNITY

A MEMBERSHIP STORY



Zolia Nelson

My journey with Kiwanis began in 2024, when I felt a strong desire to become part of a community where I could serve others and give of myself beyond academia and my career. Although I had been introduced to Kiwanis before, it was through a friend that I connected with the Kiwanis Club of Young Professionals Kingston. I officially became a member in July 2025, following a challenging period of personal and professional transition. During that time, Kiwanis became a source of comfort and connection for me. Engaging with members and participating in service projects gave me a sense of purpose and helped me rediscover myself during a difficult season.

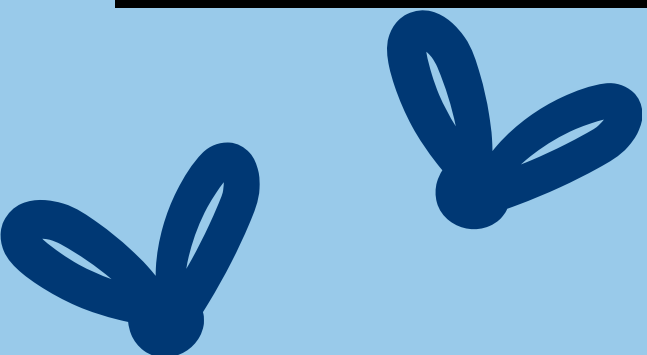
One of my most memorable experiences has been serving alongside the Jamaica Autism Support Association (JASA). Through the Kiwanis Club of Young Professionals Kingston, I was introduced more closely to the experiences of persons with autism and their families, and this experience sparked a genuine interest in autism awareness and advocacy. As an early-career scientist with a background in Pharmacology and a growing career in health research and health regulation, the experience also encouraged me to think more deeply about the role that science, research and the health sector can play in improving understanding, inclusion and support for persons with autism and their families.

Being part of activities such as the painting and Christmas projects allowed me to see firsthand the importance of creating spaces where persons and families feel supported, included and valued. It has been meaningful to see how an experience that began through service has also influenced my professional interests and strengthened my desire to use my knowledge and career in ways that can contribute to better health outcomes and advocacy.

My early service experience, including the visit to Mary's Child, also reminded me of the impact that even small acts of kindness can have. Ultimately, Kiwanis has impacted me through both the people I have met and the opportunity to serve alongside individuals who share a genuine commitment to others. It has reinforced for me that giving of yourself can be deeply rewarding, and that bringing joy, comfort and opportunity to others is meaningful in its own right. I am grateful to be a Kiwanian and to have the opportunity to live out the spirit of "Serving the Children of the World" while being a light to those around me.

“Service is the rent we pay for being. It is the very purpose of life, and not something you do in your spare time.”

MARIAN WRIGHT EDELMAN



...our Annual Women's Centre Project...







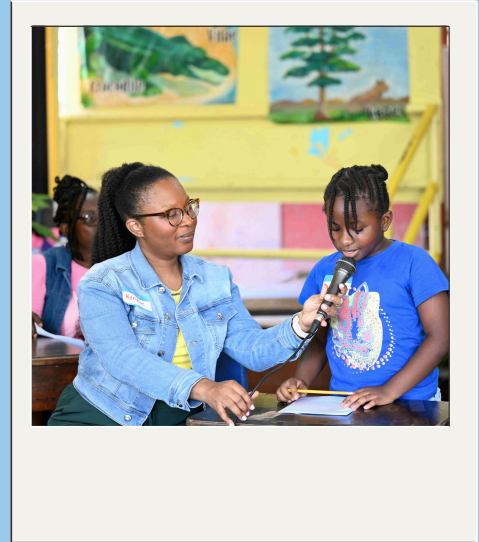
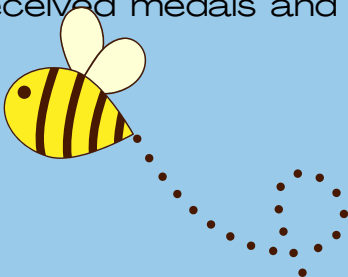
KYP Promotes Literacy with 'Oddy Bee' Spelling Competition at Norman Gardens



The Kiwanis Club of Young Professionals Kingston, Jamaica hosted the “Oddy Bee” Spelling Competition at the Norman Gardens Primary School, to promote literacy in a fun and engaging environment.

The competition is an initiative under the club’s Bring Up Grades (BUG) programme designed to improve the academic performance of a selected cohort of children in grades 3-5, while fostering their social skills and strengthening positive behaviour.

The competition saw ten students, from the BUG programme, going head-to-head in the 90-minute-long spell off for beginners and advanced students. Tre’San Turner emerged the winner of the beginner segment following a ding-dong battle with a determined Deandra Murray who finished second and Esther Munroe took third place. In the advanced segment, Antoine Carey was named the top speller, while Dwayne Brown and Daniella Samules were second and third respectively. The winners walked away with a trophy, a gift basket and a gift voucher, while the second and third place spellers received medals and gift vouchers as well.



At the end of the competition, Tre’San shared her winning recipe, “You always have to try, I went in putting my mind to the task and believed that I could achieve it, ([having spent a few weeks preparing for the competition].”

Gabrielle McDowell, president of Kiwanis Club of Young Professionals Kingston, Jamaica shared, “We are excited to continue building a legacy of literacy at this school, as the BUG programme serves as both a driving force and a building block of the club. In addition to promoting literacy through the competition, we are using the occasion to build the children’s public speaking skills and further develop their character in a fun-filled environment.” Adding, “I was pleased to see one of the participants who started out uncertain, grew in her confidence and claimed one of the top spots, that exemplifies the mission of this initiative.”

KYP Promotes Literacy with 'Oddy Bee' Spelling Competition at Norman Gardens



Carlene McGann-Gordon, culture agent and language arts and creative expressions teacher at Norman Gardens Primary School lauded the Kiwanians for the long-term partnership forged in 2014, that has seen the then fledgling club hosting weekly sessions for selected children to ensure no child gets left behind. She also commended the parents in attendance for supporting their children underscoring the importance of each stakeholder in the educational outcome.

The spelling competition was introduced in 2016 and later renamed the “Oddy Bee” Spelling Competition to honour the memory and commitment of Odette Barron, a late member of the club who was passionate about the club’s Bring Up Grades programme and was instrumental in the early development of the competition.





Annual General Meeting

15 April, 2026
6:00 PM | 3A RICHMOND AVENUE,
KINGSTON 10

Meeting Agenda:

- ☒ Year in Review
- ☒ Treasurer's Report
- ☒ Election

Zoom
Meeting ID: 820 2822 0338
Passcode: 039739

50:50 CONTRIBUTION
\$500



YOUR CLUB
YOUR VOTE
YOUR VOICE



Kiwanis
CLUB OF YOUNG PROFESSIONALS
KINGSTON, JAMAICA

Celebrating Membership CLUB MEETING

Join us for an exciting open house and membership month celebration featuring an evening of fellowship, inspiration and community impact as we welcome prospective members, honour our mothers and celebrate service above self.

**GRAND DRAW
MOTHER'S
APPRECIATION
RAFFLE**

**Celebrating Mothers
Inspiring Service
Growing Members
Building Kiwanis**

**WED | MAY 20, 2026
6:00 PM – 8:00 PM**

College of Insurance and Professional
Studies | 3A Richmond Ave, Kgn 10

*Bring a guest and celebrate
the spirit of Kiwanis with us!*

Q3



Kiwanis
CLUB OF YOUNG PROFESSIONALS
KINGSTON, JAMAICA

Fatherhood & Community Leadership

Club Meeting

→ Date/Time

17th June, 2026

6:00 PM

→ Location

College of
Insurance and
Professional Studies
3A Richmond Ave,
Kingston 10



50:50 Contribution:
\$500



A JOURNEY THAT CONTINUES TO REWARD

A MEMBERSHIP STORY



Kemar Lake

My Kiwanis journey began in 2019, and what started as an opportunity to serve has grown into one of the most rewarding and humbling experiences of my life.

Over the years, I have had the privilege of being part of many amazing projects and initiatives that have touched the lives of children and families across various communities. Seeing the positive impact of our collective efforts has reminded me that service, no matter how big or small, can make a meaningful difference in the lives of others.

Along this journey, I have also had the opportunity to meet and work alongside some truly amazing people.

The friendships, connections, and experiences I have gained through Kiwanis are among the things I value most. *Each person I have encountered has contributed in some way to my growth, both personally and as a leader.*

I have been blessed to serve the club in several capacities, including Chair, Director, Vice President, and now Distinguished President.

Each position has brought its own lessons, challenges, responsibilities, and opportunities for growth. Being entrusted with these roles has been incredibly humbling, and I am grateful for every opportunity to contribute to the continued development of our club and the communities we serve.

Perhaps the most rewarding part of this journey has been witnessing firsthand how the initiatives we have embarked on can positively impact the lives of children. It is a powerful reminder of why we serve and why the work we do matters.

As I reflect on my Kiwanis journey so far, I am filled with gratitude for the experiences, the people, the opportunities to lead, and most importantly, the opportunity to serve.

I look forward to continuing this journey as an active member of Kiwanis, working alongside others to create lasting positive change and remaining true to the Kiwanis motto:

“Serving the children of the world”





Active but Not Over Extended: Practical Strategies to Sustain Service, Work, and Life

by PE Monique Dawkins

Being a member of this prestigious Club since 2021 has given me a sense of purpose, helped foster connections, and enables me to make a real difference - whether through projects and social events, the Bring Up Grades (BUG) literacy programme at Norman Gardens Primary School, or just supporting the club's administration. I have realized that staying active while juggling work, family, church, and personal life can lead to fatigue or burnout if we're not careful. Over the years I've learned a few practical strategies that help me serve effectively and joyfully without sacrificing my wellbeing.

Know your limits

You cannot serve from an empty cup. Pay attention to your body and emotions: if you're feeling drained, irritable, or unable to face another meeting, it may be time to rest. When we ignore those early signs we risk detachment and disengagement from the club. Finding a balance protects you from losing yourself while juggling everything life asks of you. Preventing burnout is always easier than recovering from it so always maintain a balance. Modelling healthy boundaries and sustainable service encourages the whole club to do the same as well as prospects who aspire to join.

Understand your priorities

We're proud Kiwanians, focused on serving children and communities, but it's important to know what matters most in your life whether family, work, or even the BUG programme. Life's demands will always come, so make a conscious decision to say no to activities that don't align with your priorities. Stepping back from certain club roles to focus on personal responsibilities is okay; it's doesn't make you less committed - it's protecting your capacity to serve where you make the most impact. Protect your calendar by blocking non-negotiable time for family, church, rest, and hobbies.

Leverage teamwork

Committee chairs and board members carry many responsibilities each year, so rotate tasks to prevent overload. If you can't commit to BUG every week, coordinate with team members or prospects to cover. Create rosters, standard lesson plans, and a checklist to reduce weekly preparation stress. Once materials are organised, it's much easier for volunteers to step in. Notice burnout early and act: ask for temporary leave, take a short break from meetings, or delegate extra duties.

Don't be afraid to inform teammates when you're overwhelmed - we're all here to support each other; active collaboration and fellowship make the load lighter, and many of us have formed friendships through shared projects and social events.



Active but Not Over Extended: Practical Strategies to Sustain Service, Work, and Life

by PE Monique Dawkins

Include Kiwanis in Your World

It helps when family, friends, and coworkers understand the role Kiwanis plays in your life. Their awareness fosters support: you can attend meetings without interruption, request flexibility at work for occasional Kiwanis commitments (including conventions), and count on help selling fundraiser tickets. Including loved ones in the journey or explaining why certain commitments matter makes it easier to participate fully without conflict.

Take care of yourself

Being an active member can feel like a second job. With demanding careers and busy lives, it's vital to prioritise physical and mental health. I prioritize adequate rest, healthy meals, and exercise as they form the foundation of my emotional resilience. Another important thing for me is faith and quiet reflection; they keep me grounded during hard times. I may not attend all Kiwanis event held on Sundays because that's my day of worship, and that's okay-maintaining life outside Kiwanis does not mean you care less but try your best to show up. Stay true to what sustains you.

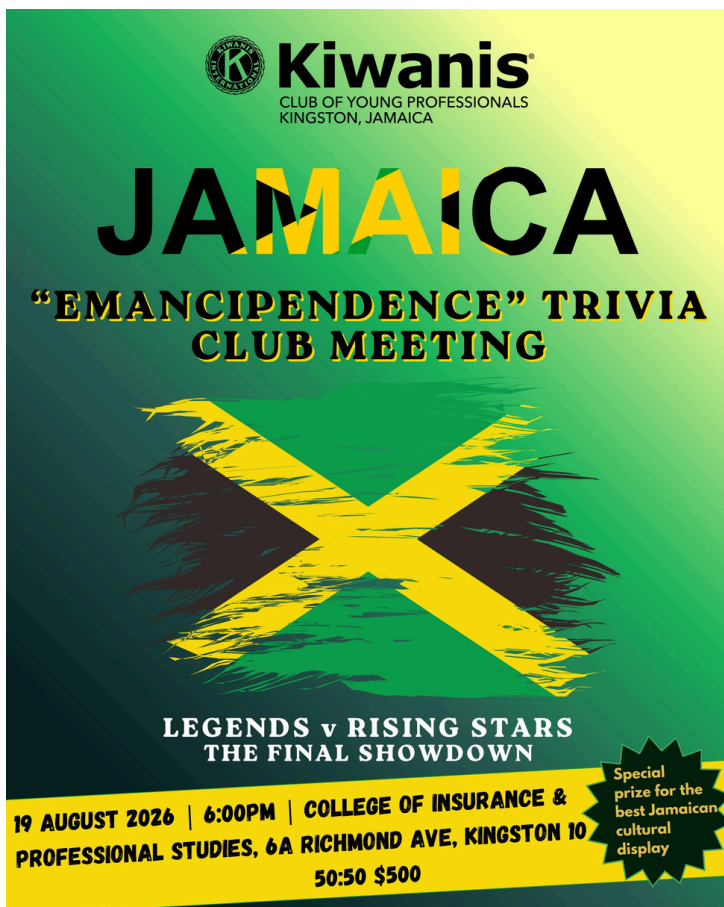
Never forget your WHY

When life's waves knock you down, remember why you started. My purpose is to serve, and Kiwanis gives me the platform to do that. *"The purpose of life is to find your gift, and the gift of life is to give it away"*- that's my mantra. So when life gives me a million reasons to throw in the towel, I always remind myself of the reason I started in the first place so even if I take a break, quitting is not an option. Through clarifying priorities, shared responsibilities, protecting rest, and keeping purpose at the forefront, you can remain a committed, effective KYPK member without burning out. Your wellbeing matters to YOU, your family, your workplace, your church, and the community you serve - protect it so you can continue making a difference.





Q 4



...THINGS THAT ARE 11 YEARS OLD...

1



Adidas Yeezy

2

Apple Pencil



3



International Flag of Planet Earth

4



Kiwanis®

CLUB OF YOUNG PROFESSIONALS KINGSTON, JAMAICA

Kiwanis Club of Young Professionals Kingston, Jamaica!

Celebrating 11 Years & Counting... Dedicated to Service

by Chair Patricia Valentine

The 2025/26 admin year marked the club's official 11 years of service. As KYPKJ paused to celebrate its anniversary and a new decade in the Kiwanis movement, the occasion was not merely a celebration of longevity but a reflection on meaningful impact, servant leadership, and the enduring importance of building the next generation of leaders.



The now, Bring Up Grades programme at Norman Gardens Primary School, holds a special place in the history of the club. It represents a seed that was planted by passionate volunteers with a mission of promoting literacy and empowering young minds that eventually blossomed into the formation of KYPKJ. The programme remains one of the most impactful and identifying markers of the club to date. However, its success is in part a reflection of the stellar stewardship of an outstanding member, Distinguished President Kris-Michael Robinson, who was honoured on the occasion for his pivotal role.

Kris-Michael became the first and longest serving chairperson of the sub-Committee for the BUG Programme, building on the foundation established by the pioneering members. His stewardship helped to shape the programme's structure, spirit, and standard of service in its work with the children of Norman Gardens Primary School.

The citation describes his exemplary service noting, "He did not merely participate. He led. He nurtured. He sacrificed. He became, in the truest sense, a permanent BUGITE. He created a bond with the children, built on consistency, kindness, patience, and genuine care." Adding, "He embodies the highest ideals of Kiwanis. He has given of his time, his talent, his resources, and his heart. He has strengthened our Club, uplifted our children, inspired our members, and advanced the mission of service in a manner that is both distinguished and deeply human."

Carlene McGann-Gordon, culture agent and language arts and creative expressions teacher at Norman Gardens Primary School was also recognised for her dedication to the BUG programme, going the extra mile by serving as the school's liaison and a champion of the cause.

Fittingly, the anniversary service saw the Club inducting three new members - Shanique Somerville, Rena Robinson and Auldwyn Anderson.

Celebrating 11 Years & Counting... Dedicated to Service

President Gabrielle McDowell described the anniversary as a significant milestone in the club's history, that brings together the legacy of the past and a vision for building an even bigger future. She acknowledged the past presidents whose shoulders she proudly stands on, even as she looks to hand the baton to the new president...PE Kayla Bogle. Even as the leadership changes the mission remains the same - to serve the children of the world...

Saxophonist Daniel "Richie Sax" Richards brought the curtains down on the celebrations with soulful selections. Kiwanian Keriece Harris led the evening's proceedings with grace, humour and wit, keeping members, fellow Kiwanians and well wishers engaged and entertained.

The club's history of service also includes: empowerment sessions for adolescent mothers, scholarship programmes, medical assistance through partnerships like Jamaica Kidney Kids Foundation, capacity-building initiatives; projects designed to promote inclusivity such as the Art of Autism, beautification projects and support for the elderly and other vulnerable groups. .





....Exceptional Eleven....



Carrying on the torch!

What does "serving the children of the world" mean to you personally?

To me, serving the children of the world means recognizing that every child deserves to be seen, valued and given an opportunity to thrive, regardless of their circumstances. My background in social work has allowed me to work closely with vulnerable and marginalized populations, including children with multiple disabilities, and that has shaped how I view service. Sometimes making a difference isn't about doing something huge; it is about advocating for someone, creating an opportunity, or simply showing up consistently. For me, service is about using whatever skills, resources and influence I have to make life a little better for someone else.

What is one thing about you that would genuinely surprise your fellow Kiwanians?

I think people might be surprised by how much of a dreamer I am. I can be very practical and organized, especially professionally, but I'm also someone who thinks a lot about the future and the impact I want my life to have. I'm constantly thinking about what I can do next, what I can learn, and how I can grow. I have big aspirations, but at the heart of them is a desire to live a meaningful life and leave people and places better than I found them.



Rena Robinson

If you could have dinner with any three people (living or dead), who would they be?

I would choose my father, Michelle Obama, and Jesus. My father because I would love the opportunity to sit with him again, talk about the person I have become, and hear what he thinks about the direction my life has taken. Michelle Obama because I admire the way she carries herself with confidence, intelligence and grace while remaining grounded and committed to service. I would love to hear her perspective on leadership, navigating spaces of influence, and staying true to yourself while pursuing ambitious goals. And Jesus because my faith is an important part of who I am, and I can only imagine the questions I would have if I had the opportunity to sit at a table and have a conversation with Him.

What is one goal (personal or professional) you are currently working toward?

One of my biggest goals is to continue developing myself professionally and eventually move into positions where I can contribute to decision-making, policy and development at a much broader level. I have a background in social work and a master's degree in International Public and Development Management, and I want to continue building on both. Ultimately, I want my career to combine leadership, development and public service. I don't necessarily have every step figured out yet, but I know I want the work I do to have an impact beyond myself.

Carrying on the torch!



Nicholai Green

What inspired you to join this Kiwanis Club specifically?

Lets just say your Social Media Manager did a very good job. I have always wanted to be a little more benevolent and give back to my community. While growing up, I have repeatedly heard about the various service groups, Lions Club, Rotary Club and of course Kiwanis which always stood out as the premier choice of them all. What caused the icing on the cake was when I was browsing the KYPK social media page, I noticed my Wolmerian brother, Kemar Lake and the choice became even easier.

What family tradition are you most grateful for?

I wouldn't necessarily call this a tradition, however, I am very appreciative of all family events. Whether its local or overseas, I will break the bank to celebrate any family event, birthdays, weddings, anniversaries, etc.

What is your go-to comfort food or favorite restaurant in town?

Where do I start. Once its fast food, chances are, I love it. Wendys, KFC, Burger King & Pizza Hut, in that order. In terms of sit down dining, South Avenue Grill & Macau are my two go-to spots.

Are you a morning person or night owl?

I am definitely a morning person and not just to catch flights. If I had the chance, I would get going as early as possibly to wind down as early as possible. My typical day ends in bed by 10pm, unless special circumstances arise.

Carrying on the torch!

What inspired you to join this Kiwanis club specifically?

To be a part of an organization aimed at offering their services to the less fortunate in order to help improve society.

2. If you had an unlimited budget for one service project, what would you organize?

Provide food or shelter for people.

3. What does "serving the children of the world" mean to you personally?

Enabling the next generation with the right positive mindset, opportunities and resources they may need.

4. What unique skill or professional expertise are you most excited to bring to our club?

Best sustainable environmental practices.



Auldwyn Anderson

Carrying on the torch!



Stacy-Ann Brown

If you had an unlimited budget for one service project, what would you organize?

Scholarships and school-fee assistance for all children in financial difficulty and needing assistance from early childhood education to tertiary education, making education free and accessible to all homes needing assistance.

What is the best piece of advice you've ever received?

"Treat others as you would want them to treat you." and it is a principle I try my best to apply throughout my life to this day. By treating others with kindness, respect, empathy, and understanding, regardless of the circumstances.

If you could instantly master one skill without training, what would it be?

It would be to master the art of reading minds because understanding people is probably the ultimate life skill.

Plus, it would save me from always overthinking

If you weren't in your current career, what alternate profession would you choose?

It would be working in healthcare. I am naturally a caring and thoughtful person. Being part of a club that focuses on giving back, supporting children and making a meaningful impact in the community allows me to express a little of that caring side of myself.

....Summertime Fun...





...CPR Training...



Thank You!

The Kiwanis Club of Young Professionals Kingston, Jamaica would like to take this opportunity to thank you for your steady support over not just the 2025-2026 year but also through our eleven years as a Club. Your support and service has continued to carry us each and every year and sustains us as we continue our mission of serving the children of the world!





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